

Family Bulletin – May 2017



Family Council

Monday, May 15, 2017
3:15 to 4:30 PM
Activity Room
Refreshments served

Conversation

Accredited with Commendation

We are proud to announce that the Kiwanis Pavilion has been “Accredited with Commendation” following the Accreditation Canada site survey in March. This means the Pavilion surpassed the requirements! Thank you for your support and assistance through the Accreditation process. Moving forward, there are some areas for improvement which include increasing opportunities for residents and family members to give input (for example, by creating ways for the Board to hear directly from those who experience quality and safety incidents; getting resident and family input into quality improvement projects, future planning, policy development, etc.). Join a conversation to share your ideas as we continue to learn and grow together.

Everyone is welcome!

Family Council Updates

Family Advocacy Group

Following a meeting with the Accreditation Surveyor, a group of family members has been inspired to organize to advocate for a higher ratio of care aids in residential care across BC. If you are interested in joining the conversation, you are welcomed to attend a meeting on Monday, May 8 at 2:00 PM in the Library.

Kiwanis Pavilion Updates

Democracy in Dementia Care

The right to vote is protected by the *Charter of Rights and Freedoms*. Elections BC will be providing a mobile voting poll throughout the Pavilion so residents may vote in the upcoming provincial election if they wish. Elections BC Officials will be here on Friday, May 5 from 9:30 to 2:00 to facilitate the voting process. The required identification will be organized by the facility. While the focus will be on Units 1 and 2, any interested residents on Unit 3 will have the opportunity to vote as well. If you have any questions, please contact Suzanne the Social Worker at ext 223.

Happy Family Caregiver Week!



It's Family Caregiver Week in British Columbia from May 6 to 12 and we extend our heartfelt gratitude to each of you for your partnership, help, warmth and presence. Thank you for your collaboration and the joy, humour and love you bring to the Pavilion community. We wish you time for rest and replenishment and honour your resilience.

Celebrating Caregiver Week: Annual Tea



The Family Caregivers of BC will be hosting the fifth annual Caregiver Tea at Government House on Friday, May 12 from 2:00 to 4:00 PM. In attendance to mark the event will be the Honourable Judith Guichon,

Lieutenant Governor of BC, and Isobel Mackenzie, The Seniors Advocate. The event is by invitation only so if you would like to attend, please advise Nikki at Reception (ext 221) and provide your email or mailing address by Friday, May 5 so we can arrange for an invitation to be sent your way. Enjoy!

Invitation to Join the Memory Joggers

The annual Walk for Alzheimer's will be on Sunday, May 7 starting at the Harbour Towers Hotel. The walk will raise funds and awareness for Alzheimer's disease and other dementias. Join the Kiwanis Club team called "THE KIWANIS MEMORY JOGGERS." You can check out the Alzheimer Society website at alzheimers.ca for more information about joining the team or making a donation.

Concert in Care: You're Invited



We are thrilled to announce another Concert in Care at the Pavilion for residents and families on Tuesday, May 16 at 1:30 PM. The Borealis String Quartet will be

performing. This ensemble is praised for its fiery performances, passionate style, and refined musical interpretation. Founded in Vancouver in 2000, the Borealis has toured to major cities, including Montreal, Ottawa, Toronto, New York, Los Angeles, San Francisco, Washington DC, and, of course, in their home town of Vancouver. In recent years, the Borealis has been touring in Taiwan where audiences enjoy their innovative programs combining eastern and western music. Mark your calendar!

Tips for Safe Walks with Residents

After what seemed like a long and wet winter, spring is here and it's warming up. Families can help residents who need minimal assistance with walking and are stable on their feet to go for short walks. This is a great way to help them maintain strength and balance. However, since many of our residents are at risk of falls, here are some tips:

- Be sure they are wearing proper footwear
- Take their walking aid (walker, cane) if they use one, or hold hands with them while they are walking
- Aim for the right pace
- Dress properly for the weather
- Keep an eye out for uneven surfaces and other trip hazards
- Don't go too far. Try walking around the unit first, then out to one of our gardens, then to the park across the street
- Take a cell phone with you, in case you run into any problems (add the Pavilion's number to your contacts list- 250-598-2022 extension 816 will get you through to the RN Supervisor)
- Take a buddy with you –two people walking with a resident is better than one
- Tell staff if you experience any problems on the walk or you note any concerns (such as if the resident experiences pain while walking or loses balance or has a near fall while walking).

****Please note:** If your resident normally requires 1:1 physical assistance to walk or transfer, has recently been ill or injured in a fall, has poor balance and limited stamina for walking, we do not recommend family assisting with walking without consultation with our Therapy Team. If you are unsure if your resident is safe for walking, have questions, or would like to discuss this further, please call Therapy Assistants Laura (ext 807) or Franciane (ext 809).