

Family Bulletin – March 2017



Family Council

Monday, March 13, 2017
3:15 to 4:30 PM
Activity Room
Refreshments served

Presentation

Adaptive Clothing

Adaptive clothing (also known as comfort clothing) is clothing made especially to meet the needs of individuals with limited mobility. Join us for a conversation with Laura Henry (Rehab Assistant) and Michelle Porter (Registered Nurse). Learn why adaptive clothing is needed, how it works with lifts and toileting, and how to order it. There will also be a mini-fashion show!

Everyone welcome!

Family Council Updates

Income Tax Tips

Shelby Parkinson from Liberty Tax Service joined us at our February Family Council meeting to talk about filing income tax returns when you have a family member living in residential care. In order to speak with the Canada Revenue Agency (CRA) on your family member's behalf you must be their Power of Attorney and register as such with the CRA. To do so, send a letter to the CRA with:

- the person's name, address and SIN
- the Power of Attorney's name and SIN
- a copy of the Power of Attorney document

It is very important to collect all tax slips before filing the tax return. The CRA can impose penalties of 20 percent on missing slips. Typically the slips you need are for pensions (CPP, OAS, and other pensions which generally are T4As) and investment income slips (T3 or T5).



Pension splitting can be a useful way to save overall taxes between spouses. However, when residential care fees are based on income, it may not be a good idea. CPP and OAS pensions cannot be split. The decision to pension split or not depends on each situation and who is in care and their tax status.

As well, you have the options of applying for a Disability Tax Credit (DTC) and for claiming medical expenses in order to receive non-refundable tax credits. Non-refundable means that certain expenses can be used to help reduce payable taxes. The largest expense is likely the

residential care, but each situation must be considered individually. Also consider claiming other medical expenses including prescriptions, foot care, eye care and dental (but not vitamins or health supplements). Check the CRA website if you are unsure about what to claim at www.cra.gc.ca (pick English, enter “medical expenses” in the search box and you should get an alphabetical list).

Kiwanis Pavilion Updates

Concert in Care: You're Invited



We are thrilled to announce a Concert in Care at the Pavilion for residents and families on Tuesday, March 21 at 1:30 PM. Karen Lee-Morlang will be performing. She is one of

Western Canada's top collaborative pianists. Karen is an award-winning performer, educator and producer, and has been lauded as “funny, brainy and creative.” Karen has become particularly well-known in the communities of BC for championing “art music for the masses.” The event is sponsored by London Drugs, Odlum Brown and the Health Arts Society. Mark your calendar!

Opportunity for Family Input

In late March, the Kiwanis Pavilion will be going through a process called an accreditation survey. This is a process of assessing a health care organization against accepted standards to assure the public and funding agencies that the organization provides safe and quality care. The survey happens every four years. All facilities funded by Island Health are required to be accredited. Two trained surveyors from Accreditation Canada will complete the survey, which will take place March 22 to 24, 2017.

To bring the family perspective, we are seeking approximately six family members of current residents to participate in a focus group with one of the surveyors. The focus group will be held on Thursday, March 23 from 1:00 to 2:00 PM in the Library. If you would like to participate, please contact Fiona (Director,

Resident Services) at fsudbury@obkp.org or extension 222. Thank you!

Visiting in Flu Season

The Island Health Authority requires that all visitors who have not received a flu shot please wear a mask until March 31. Masks are available in the front lobby.

Get Shredding!



The Oak Bay Kiwanis Pavilion Foundation invites you to the 3rd Annual Shredding Fundraiser on Saturday, March 18 from 9:00 until noon at the Willows Beach Tea Room parking lot (2740 Dalhousie Street). Bring your documents and have them shredded securely onsite. The event is by donation and all proceeds will support the Kiwanis Pavilion.

Sunday Breakfast for a Good Cause



Until April 9, the Oak Bay Pavilion Foundation is once again serving breakfast at the Willows Beach Tea Room on Sundays from 9:00 to noon for only \$10. Funds raised go directly towards the residents at the Kiwanis Pavilion. Come enjoy a hearty meal and a beautiful view!

Is it a Urinary Tract Infection?

Are antibiotics needed? Learn more about Asymptomatic Bacteriuria by attending a nursing workshop in the Library on March 9, 16, or 30 at 10:30 AM or 6:00 PM.

Celebrating Who We Are and What We Do



Last October, the Pavilion community gathered to review our Vision, Mission and Values. Over 100 people participated in the process including residents, families, staff, Board and Foundation members, volunteers, physicians and community partners. The feedback has been reviewed and soon we'll unveil the revised “VMV” with new artwork in the lobby. Stay tuned for the celebration!