

Family Bulletin – June 2018



Family Council

Monday, June 18, 2018
3:15 to 4:30 PM
Activity Room
Refreshments served

Presentation

Funeral Planning and Memorial Rituals

Join us for a conversation with two guest speakers Reverend Deb Redman and Funeral Planner Susan Benesch (from Earth's Option). Deb and Sue will explore the possibilities for rituals and memorials after the death of a family member. Please bring your questions.

Everyone welcome!

Family Council Updates

Community Support for Family Caregivers

At the May Family Council we learned about the services provided by the Family Caregivers of BC which include multiple peer-based support groups, webinars, and one to one support and caregiving counselling in person or by phone. All services are free and offer an important opportunity to focus on the often much ignored needs of the caregiver. To learn more phone (250) 384-0408 or check out the website at <https://www.familycaregiversbc.ca/>

Support Group for Male Family Caregivers

Starting in the fall, Family Caregivers of BC will be starting up a support group specifically for male family caregivers. If you are interested, phone (250) 384-0408 and add your name to the list.

Berry Shortcake: Mark Your Calendars



You are invited to the Family Council's 6th Annual Berry Shortcake Social on Monday, Monday, July 16.

Kiwanis Pavilion Updates

Volunteer Coordination Update

Judith McBride, Coordinator of Volunteers has retired. We thank Judith for her service and wish her all the best.

Tara Shanks started as our new Coordinator of Volunteers on Monday, May 28. She will work 15 hours per week. Please join us in welcoming her to the Pavilion team!

Keeping Cool in Warm Weather



With the hotter weather, please remember that resident rooms are not air conditioned. During hot weather, keep curtains closed in resident rooms (especially those that are south-facing). If possible, provide light clothing and bring a fan that is safe for resident use (non-bladed and not easily tipped over). For those residents who are still going outside, please provide sunhats and sunscreen and feel free to walk in the Pavilion gardens and use the wheelchair swing on Unit 2A. To help keep everyone cool, we are serving lots of fluids, popsicles and ice cream!

Lovely New Chairs with Gratitude

Thanks to the Kiwanis Pavilion Foundation, we recently received 24 comfortable new dining chairs on Unit 2BC. Thank you to all of the generous donors!

Canada Day Party!



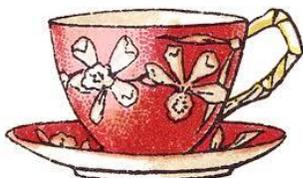
We'll be hosting a Canada Day pub afternoon with music from the Canadian Suite Duo. You are invited to join in the fun on Friday, June 29 at 1:30 PM in the Activity Room.

The Usual Subject

By Simon Darragh

One grows used to the loss itself;
it is the details catch, and scourge:
the extra tea-cup on the shelf;
the kitchen table, grown too large.

Not in sorrow for wasted days
of love unspoken,
but by trivia such as these
the heart is broken.



Within His Grasp

By Marion Boyer

When he's nervous my father whistles,
tuneless as a radiator. The window
sections his world down to a patch
like a framed photograph. The crossbeams

in his head refuse to hold whatever version
of me he knew. At times his hands work
a delicate apparatus only visible to him
as though he labors over a small knot,

repairing dragonfly wings. Other moments,
his hands lift to capture whatever floats
in the remainder of his mind, perhaps
the slow waltz of blown seed pods

from twelve summers ago. He smooths
his trousers, brushes imaginary lint
or tugs at a tiny piece of skin on his lip.
They are the slender fingers

of an accountant who shifted numbers
from column to column as someone
more ancient than he slid beads on an abacus.
Now he worries a bit of blanket fluff

into small bramble. I reach over
with a fork of cold potato for his mouth
and his hand clamps the wheelchair arm
with such strength I remember he is still a man.