

Family Bulletin – February 2017



Family Council

Monday, February 20, 2017
3:15 to 4:30 PM
Activity Room
Refreshments served

Presentation

Income Tax Tips for Family Caregivers

Tax season is soon upon us. Join **Shelby Parkinson**, from Liberty Tax Service, for a conversation about filing income tax returns when you have a family member living in residential care. Learn about the disability tax credit, pension splitting, the caregiver amount, claiming nursing home care fees, and more. You are welcome to bring along all of your “taxing” questions!

Everyone welcome!

Family Council Updates

Putting Your Wishes in Order

At the January Family Council meeting, we were joined by lawyer Nav Parhar. He shared a legal perspective on preparing for end of life and Estate planning. He noted that while in many ways it can seem “taboo” to speak about death, he encourages families to have open dialogue about their wishes ahead of time to avoid conflict. He stated that 75 percent of people have valid Wills, 50 percent have valid Powers of Attorney documents, and 50 percent have Representation Agreements. He recommended that Wills be reviewed and updated every five to seven years to reflect changes that may have occurred (e.g. is the Executor still able to act in this role?). When appointing Powers of Attorney (to make financial decisions on your behalf when you are not able) and Health Representatives (to make health care decisions), Nav recommended naming more than one person for these roles in case one person is not available later. You can do this by naming two or more people in a “joint” role, or one person as the lead and others as the “alternates.” However, in the case of appointing Executors, Nav suggested it can be “very difficult practically or logistically if two are appointed.” Nav said he encourages individuals to discuss their decisions about appointing Executors, Powers of Attorney, and Health Representatives with their families as a whole to avoid hurt feelings later and to determine what might work best for your family. He also shared that, if possible, selecting substitute decision-makers who live close to you geographically can make things easier for those acting in the role.

Kiwanis Pavilion Updates

Gratitude and Warm Wishes



We would like to honour the dedicated service of two long-time staff members who retired in January.

Robyn worked at the Pavilion for 25 years bringing her calm and warm

energy to the residents and her colleagues alike. Gina worked at the Pavilion for 20 years as the Receptionist and more recently as a Health Care Worker. Throughout her career here, Gina shared her gentle and friendly nature to support the community of residents and their individual needs. Robyn and Gina are already missed and we send them our best wishes for their retirement adventures!



After 25 years of service, Wayne, the Maintenance Worker, will be retiring at the end of February. Wayne has tenderly cared for the Kiwanis Pavilion building with

creativity and resilience, while also nurturing the residents with humour, patience, and dedicated attentiveness. We wish Wayne much happiness (and only the occasional quirky maintenance challenge) on his next journey!

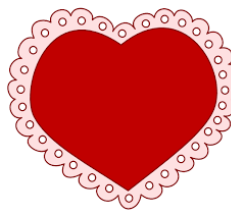
Welcome to the Neighbourhood



We are pleased to announce that Jason has accepted the Maintenance Worker position at the Kiwanis Pavilion. Jason is

a Power Engineer who started his career as a Naval Marine Engineer with the Canadian Armed Forces and continued to apply his skills later in the Shipyards and Building Maintenance. He started working at the Pavilion in January and we extend him a hearty welcome as he settles in!

Happy Valentine's Day Tea: You're Invited



There will be a Valentine's Day Tea on Tuesday, February 14 at 1:30 PM, featuring entertainment with Vic. All family and friends are welcome to attend.

The Scoop on Tax Receipts

The 2016 tax receipts for residential care will be enclosed with the February 2017 Kiwanis Pavilion billing statement. If you have any questions or concerns, please call Reception at 221.

Visiting in Flu Season

The Island Health Authority requires that all visitors who have not received a flu shot please wear a mask from December 1 to March 31. Masks are available in the front lobby. We are grateful for the cooperation of families who followed precautions during the recent flu outbreak. Thank you!

Get Shredding!



The Oak Bay Kiwanis Pavilion Foundation invites you to the 3rd Annual Shredding Fundraiser on Saturday, March 18 from 9:00 until noon at the Willows Beach Tea Room parking lot (2740 Dalhousie Street). Bring your documents and have them shredded securely onsite. The event is by donation and all proceeds will support the Kiwanis Pavilion.

Sunday Breakfast for a Good Cause



From January 8 to April 9, 2017 the Oak Bay Pavilion Foundation is once again serving breakfast at the Willows Beach Tea Room on Sundays from 9:00 to noon for only \$10. Funds raised go directly towards the care and comfort of the residents at the Kiwanis Pavilion. Come enjoy a hearty meal and a beautiful view!