

Family Bulletin – August 2018



Family Council

Monday, September 17, 2017
3:15 to 4:30 PM
Activity Room
Refreshments served

We hope you are well and finding time to enjoy these summer days. Please note there will not be a Family Council meeting in August.

We look forward to seeing you at the September meeting when Tara Shanks, Coordinator of Volunteers, will tell us all about the Volunteer program at the Pavilion. Everyone is welcome!

Family Council Updates

Gratitude and Best Wishes to Co-Chair



We would like to express our deepest gratitude to Heather for her service as one of the Family Council Co-Chairs at the Pavilion since February of this year.

Heather has retired from her volunteer role and we are thankful for her hard work helping to organize guest speakers for the Family Council this spring, her welcoming energy and kindness. We are going to miss Heather, and wish her all the best on her next adventures.

Kiwanis Pavilion Updates

2nd Annual Salmon BBQ



On Saturday August 18 from 4:00 to 7:00 PM, the Kiwanis Pavilion Foundation will host a Salmon BBQ at Willows Beach Park behind the Kiwanis Tea Room. The cost is \$16 per person (\$10 for children 12 and under), and all funds raised will benefit the Kiwanis Pavilion's music programs.

Going Away? Do Keep Us Posted



With the summer months upon us, this is a gentle reminder to please advise the Receptionist (phone ext. 221 or email reception@obkp.org) if you plan to be out of town so that we know the dates of your travel and the contact information for you or your substitute. Thank you and happy trails!

More Concerts in Care: You're Invited



Through a generous donation, the Pavilion will be hosting more concerts by professional musicians during the fall and winter. The first concert will be September 25 at 1:30 PM. Please stay tuned for more dates and details!

Kiwanis Pavilion Direct Care Staffing

Direct Care staffing includes all care aide (Health Care Worker), nursing (Registered and Licensed Practical Nurses) and Allied Health (Activities, Rehab, Social Work) positions. Although there are no defined minimum staffing standards for residential care in BC, the Ministry of Health and the BC Seniors Advocate believe that a minimum average of 3.36 hours per resident per day is required for safe, quality care in most facilities and that that no less than 20 percent of the direct care hours should be professional care (Registered and Licensed Practical Nurses, Social Worker, Clinical Dietitian, Occupational and Physical Therapists). Professional care at the Pavilion accounts for 22 percent of direct care staffing.

Average hours of care per resident per day				
Quarter 1	Quarter 2	Quarter 3	Quarter 4	Quarter 1
April/ May/June 2017	July/ Aug/Sept 2017	Oct/ Nov/Dec 2017	Jan/ Feb/Mar 2018	April/ May/June 2018
3.25	3.25	3.32	3.37	3.45

Other factors that contribute to quality care and staff safety include organizational structure, managerial practices, work environment and culture, education and experience of staff, clinical leadership, and volume and complexity of resident care needs. Staffing stability is also associated with better resident outcomes. At the Pavilion, regular staff are consistently assigned to a unit.

Tracking Quality Indicators

We are now posting Quality Indicators (QIs) on our Quality Board in the Lobby. Tracking QIs is one of the ways to monitor quality of care. The QIs are generated from the results of a standardized assessment tool called the Minimum Data Set/ Resident Assessment Instrument that is used in care facilities across Canada. If you'd like to see how the Kiwanis Pavilion's QIs compare to facilities in BC and Canada, check out:

<https://yourhealthsystem.cihi.ca/hsp/?lang=en>



Sun

Warm.
Bright.
Hot.
Light.
Different throughout the day.
That's a hot container.
I have to bend over the tools and make it go where I want to.
Come here, sunny.
Like a hot shower or a hug.
Smells like an ocean breeze.
Smells like an orange.
Don't leave tangerines out.
Sometimes it could be a grapefruit.
Hot as the dickens.
Warm as a pussycat.
The sun at dawn is bright as a new baby.
Even if it's a girl?
Especially if it's a girl.
Babies are babies.
I guess I have to wake up earlier.
Tastes like orangeade.
The sun at noon is bright as fire.
Lime in a coconut.
Feels like a smile.
Sounds like a kiss.
Midday like a burning fire.
Hot, uncomfortable.
Need your shade.
And your suntan lotion.
And your air conditioner.
The sun is setting.
Who tastes the setting sun?
The midnight sun is black as tar.
The sun tastes like death.
Who looks out their window for the sun at midnight?
We could look for the moon.
We could chop it up into sections, like an eclipse the shape of the sun on the moon.
Brilliant minds, we ought to turn them on.

– written by people living with early-stage dementia (*Harper's* February 2011)